Basic Computer Training

Microsoft Excel

Participant Guide

Welcome to Basic Computer Training. This course will focus on the topic of Microsoft Excel.

Topics to be covered include; describing ways to format a spreadsheet and explaining how to finish a spreadsheet. Learners will gain a better understanding of Microsoft Excel functionality. After this course, learners will be prepared to create a new spreadsheet and modify it by adjusting the data, inserting formulas or charts, and by saving or printing.

This is a self-paced course designed for you to complete at your own pace. Before you get started, make sure you have the following items to ensure the successful completion of this course:

- Something to write with pen or pencil
- Your participant guide- This can be accessed via the L&D Learning Portal
- Microsoft Excel Checklist to keep track of which video modules you have completed
- A quiet place to complete your training that is free from any distractions
- And, a headset, if needed



Slide Deck



Directions: As you're watching these videos, write your notes in this participant guide, which can be used as a study resource that will prepare you to take the Northstar Assessment for this course. There is a place at the end of the guide where you can take additional notes and write down any questions you have.

Opening a New or Existing Spreadsheet

Directions: Fill in the blank to describe how to open the program and how to open different types of documents.

How to Open Microsoft Excel:	
Recently Opened:	
Templates:	
Blank Workbook:	

Overview of an Excel Workbook

Directions: As you watch this video, fill in the blanks below.



Ribbon:

This is the		ts at the tab a	nd ends at
Ribbon is com Insert.	prised of, o	r sections such as File,	, and
Each	is made up of	, which are	labeled at the bottom
of each group	. The Home tab has gr	oupings such as	, Font,
	. Styles, and Editing.		



Overview of an Excel Workbook (cont'd)

Directions: As you watch this video, fill in the blanks below.

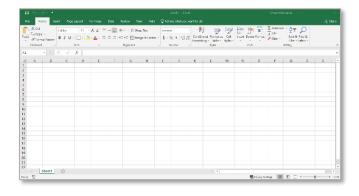
Quick Access Toolbar:
□ 5-3- -
Located in the above the
Comes default, or pre-programmed with commands: Undo, and
Customize Quick Access Toolbar is indicated by the arrow. Using this will add used commands to the toolbar.
The menu that opens will show a next to every visible command on the Quick Access Toolbar.
on a command to add or it.
Formula Bar and Name Box:
A1 \rightarrow \vdots \times \checkmark f_x
This is similar to an bar and is where, numbers, and can be typed.
Data entered will appear in the that is selected.
Name Box: Located to the of the formula bar, indicates which cell is currently
A cell is active if there is a line outlining it.



Overview of an Excel Workbook (cont'd)

Directions: As you watch this video, fill in the blanks below.

Workbook:



The _____ workplace.

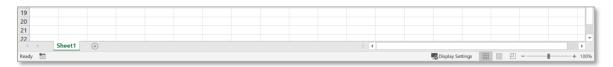
From here you can click on _____and type in ____ using your keyboard.

A workbook is made up of _____ located in

____ and ____.

The columns run top to ______, for example, A, B, and C. Rows run _____ to right, for example, 1, 2, and 3.

Status Bar:



Located at the _____ of the Excel workbook. On the left of this status bar are _____, labeled as _____.

Each Excel workbook comes pre-programmed with _____ sheet, but more can be added.

The right side of the status bar provides different views of your workbook.

There's a Zoom control that allows you to zoom in or out of the document by clicking on the _____ or ____ signs, or by left-clicking, holding, and dragging the _____ to the left or right.



Overview of an Excel Workbook (cont'd)

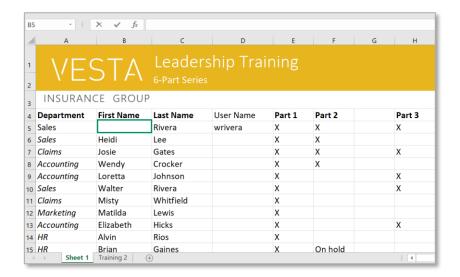
Directions: As you watch this video, fill in the blanks below

File Tab:

Info New	Open	Location: Top left corner of the ribbon, also known as the
Open	L Recent	New:
Save Save As	OneDrive	
History Print	Sites	Save and Save As:
Share	This PC	
Print:	C	

Locate a Specific Cell

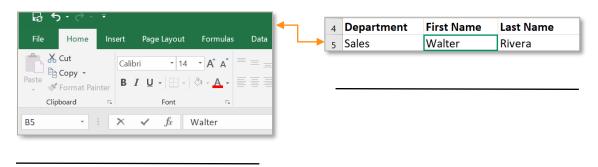
Directions: Answer the questions using the video and the picture below.



Which cell is currently active?

Enter Data into a Cell

Directions: Describe the pictures below to explain both ways data can be entered into a cell.



A cell is found where the column and ir	ntersect? (Example, see
cell B5 above)	
What is a cell range?	
How do you select a cell range?	
How can you tell that a range of cells has been selecte	ed?

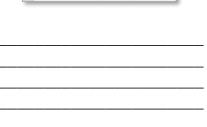
A cell can be selected by clicking on the cell with the mouse or by using the arrow keys on the keyboard.

Format Cells and Text

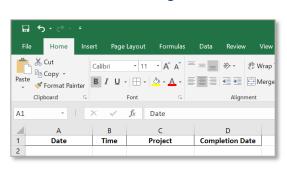
Directions: As you watch this video, fill in the blanks below.

Formatting Text



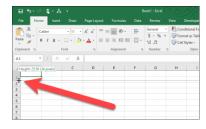


Formatting Cells



Adjust Row and Column Size

Directions: As you watch this video, fill in the blanks below.



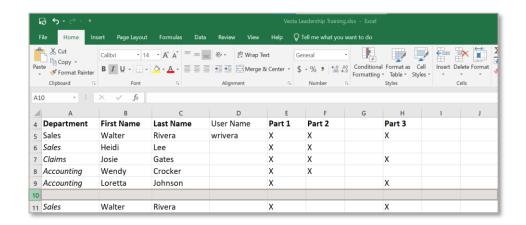
A1	L	Width:	8.43 (64 pixels)
	Α	↔ B	С
1		Î	
2			
3			

Adjusting Row Height

Adjusting Column Width:

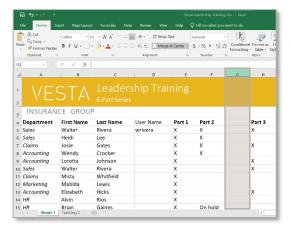
Insert and Delete Rows and Columns

Directions: Write down the steps to insert rows and columns in a spreadsheet.



Inserting Rows
& Columns

Rows:	 	 	
Columns:		 	



Deleting Rows & Columns

Rows:	 	
Columns:		

Change Page Orientation

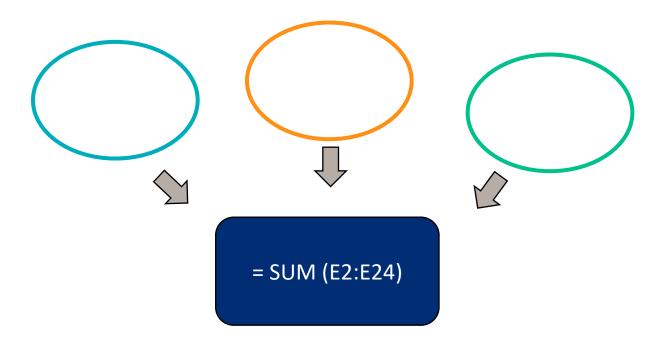
Directions: As you watch the video, fill in the blanks below. Write the name of the orientation type next to its picture icon.

Where on the ribbon can the **page orientation** of an Excel workbook be adjusted? Name the tab:



Formulas (or Functions)

Directions: Write down the different components of a formula.



Formulas (or Functions)

Directions: Answer the questions below.

SUM is an addition function. What other function types are mentioned in the
video?
Where is the formula library located?
What is a cell range?
What are two ways to insert formulas into a workbook?
1
1

Freezing Top Row

Directions: As you watch the video, fill in the blanks below.

Where is the freeze top row command found on the ribbon?

What are the steps taken to freeze the top row?

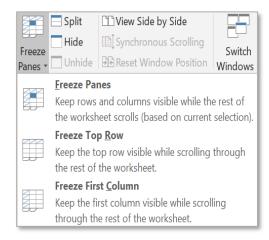


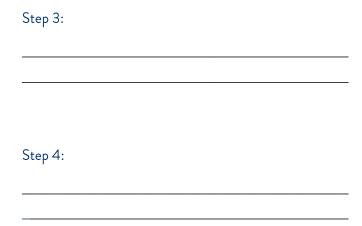
File	Home	Insert	Page Layout	Formulas	Data	Review	View	Help	Qτ	ell me wha	t you war	nt to do
Normal	Page Break	ayout Views	m Gridlines	✓ Formula Bar ✓ Headings	,	100% Z		New Window	Arrange / All	- HB		Synci Reset
A1	*	: ×	√ fx	ITEM								
4		А			В		С			D		Е
			ITEM			QU	JANTI'	ГΥ	UNIT	PRICE	LII	NE TOI

Step 1:		
Step 2:		

Freezing Top Row

Directions: As you watch the video, fill in the blanks below.





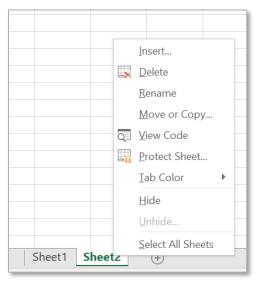
Working with Tabs

Directions: Circle the place in the picture below where an additional sheet can be added to the workbook.



Directions: Circle the place in the picture below where a Sheet tab can be

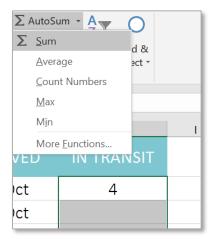
renamed.





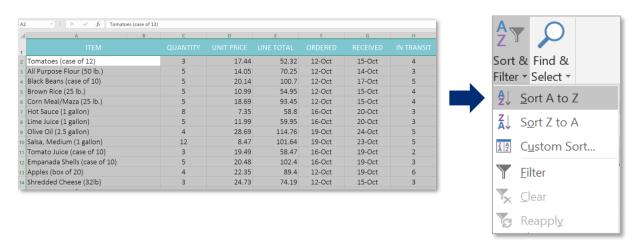
Auto Fill

Directions: As you watch the video, write a description of how to use AutoFill.





Sort and Filter



Directions: Write down the steps to apply a Sort and Filter command to the workbook.

1. ͺ	
2.	
3.	

4. _____

Note: It's important to start in the row or column to be sorted and filtered, that way the information is sorted correctly and the data doesn't become skewed.

Inserting Charts

Directions: Order the steps of inserting a chart from first to last.

	Select the data to be represented by the chart
	Chart will appear in the workbook
	Locate the Charts grouping
	Click on Pie chart
	Click on the Insert tab
	Save a Workbook
	rections: As you watch the video, fill in the blanks below to describe the ocess of saving a workbook using save and save as.
Sa	ve:
	ve As:
1.	
2.	
3.	
4.	
5.	
6.	



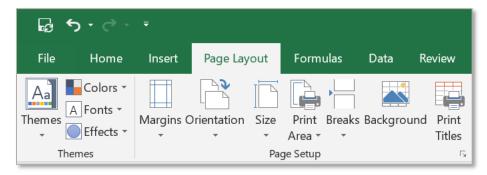
Select a Print Area

Directions: Use the video to answer the questions below.

In which tab can the Print Area command be found on the ribbon?

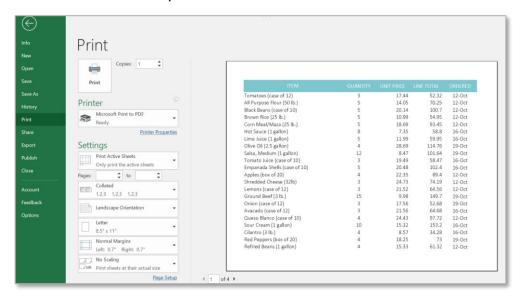
When selecting the print area of a workbook, what may appear?

Directions: Circle the print area command in the picture.



Print

Directions: Answer the question below.

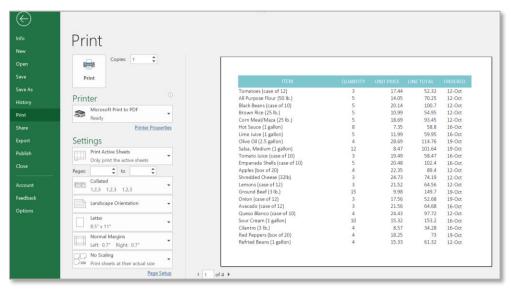


Which tab opens the print preview as seen above? _____



Print (cont'd)

Directions: Answer the question below.



Which tab opens the print preview as seen above? _____

Directions: Describe each section of the print preview

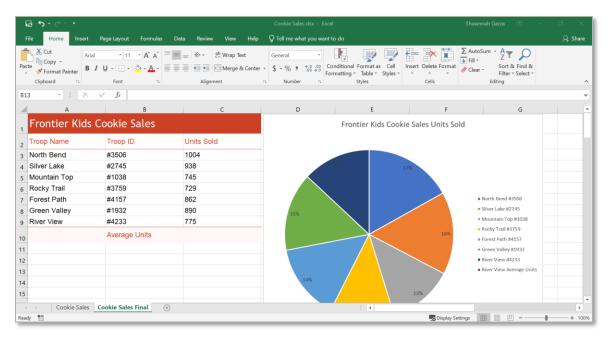
Print

Printer

Settings

Close

Directions: Circle the place in the picture where the workbook can be closed.



Directions: Select the correct answer.

True or False: Closing the Excel Workbook will not save your work automatically.

True / False

ADDITIONAL RESOURCES
Thank you for completing this course.
If you feel you need further assistance:
If you are working with a Career Coach you can reach out to them directly.
If you found these courses on My Career Advisor, and have not enrolled in the Digital Literacy program, please call the Contact Center at
(602)-535-4444 to connect with a Virtual Career Coach.

Additional Notes

Directions: Capture any additional notes regarding the course below.
Follow Up Questions
Directions: Write down any questions you may have that you would like to follow up on at the end of the course.
Question:
Answer:
Question:
Answer:
Question:
Answer:

